

FrenchCreek Production "U-STEP"

To help alleviate SUSPENSION TRAUMA!

I123 REV. A

User Instructions:

INSTALLATION: The U-STEP straps should be installed where the shoulder strap and leg strap intersect.

- 1) Slip the looped webbing of the U-STEP through the harness loop that contains the leg strap (figure 1).
- 2) Pass the U-STEP 'pack' through the loop in the U-STEP webbing, choking it to the harness webbing (figure 2).
- 3) Fold the U-STEP 'pack' forward to the shoulder strap of the harness & secure with velcro (figure 2).



FIGURE 1



FIGURE 2

USE: The U-STEP 'packs' are to be located on each side of your harness.

- 1) Release the top velcro, and pull the U-STEP webbing out of the plastic 'pack' (figure 3).
- 2) Raise the ends and connect the locking clasps (figure 5). Keep ahold of the adjusting strap for continued adjustment while in suspension (figure 4).
- 3) Drop the now connected U-STEP loop to your feet, enabling you to step on the loop to help alleviate harness pressure and suspension trauma (figure 4).

WARNING: NEVER DISCONNECT HARNESS BUCKLES.

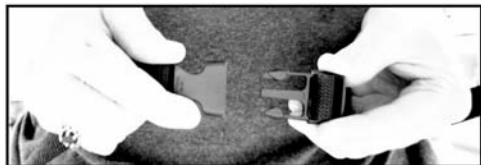


FIGURE 5



FIGURE 3



FIGURE 4

APPLICATION: The 'U-STEP' suspension trauma strap is to be used in conjunction with a full body harness and complete fall prevention program, which also includes a complete rescue plan. When used in accordance, and used properly, the product can help alleviate suspension trauma in the event of a fall. The product should only be used in the event of a fall. **WARNING: DO NOT** lay down following suspension. Always remain in an upright position. Seek immediate medical attention following a fall and/or suspension.

TRAINING: It is the responsibility of the purchaser and user of this equipment to be properly trained in the use and care of the equipment. Purchaser and user must be aware of operating procedures, application limits, and consequences of improper use. **WARNING:** Never expose a user to a fall or suspension trauma hazard during training of this product.

RESCUE: This product does not replace a rescue plan. The employer must have a post-fall rescue plan in place with the means to implement it. **INSPECTION:** During standard harness inspections, also inspect the U-Step. Check the connections and webbing for wear, frays, cuts, tears, abrasions, burns, discoloration, or broken fibers. Verify that one side contains a male locking clasp, and the other side contains the female locking clasp. **WARNING:** This product is to be used as part of a fall protection system. These directions must be provided to the user, and the user must follow these directions. Alterations, misuse, or failure to follow directions of use, may result in serious injury or death.